



Tier 2 & 3 intervention

## Personal Bin



[Personal Bins](#)

### Rationale:

Personal bins are individual ‘tool kits’ prepared with a student, where their preferred fidget(s), quiet activities, small hands-on project and/or books can be included. They are prepared when a student is calm and receptive to intervention with the classroom teacher and/or support staff. They can be used in the classroom, brought when a student needs a break from the classroom, or to a scheduled time with support staff. A student should have access to their personal bin readily.

**Benefits:** Students can retrieve their own personal intervention materials when needed. The bin provides a sense of belonging and significance to the NSC. Private access to their favorite things gives them comfort and supports them through difficult times and shifting gears. Students feel understood, empowered, and become active participants in their learning process. The bin becomes a form of connection to them, that they can take around anywhere in school.

**For whom:** Students who use the NSC, those who take scheduled breaks in the hall, and those who like to have items reserved for them. Students who enjoy holding on to objects, who have difficulty sharing, or leaving things unfinished. The bin is also a good option for those who have “sticky hands”. Having their items in the bin reassures students, letting them know they don’t need to worry about losing an item or not having it available for them when they return. It becomes a means for students to borrow from the NSC. Just like a desk or locker, the students can privately and safely store things.

\* For some, items can become an attachment object. Keeping their connection to a space or the adult while away.

### Caution Elements:

- Bins are never to be shared and others must respect their privacy
- Bins should be returned to the same location (a student could have one bin in the classroom and another in the NSC or an alternate location)

### Suggestion of items which can be placed in the bin:

- Sensory materials – fidgets
- Noise canceling headset
- Drawing materials – coloring pages – mandalas - sketchbook
- Writing materials (ex. journal)
- Fine motor activities (ex. origami, materials for corking/knitting, loom bracelet, etc.)
- Paper-crayon activities (ex. search and find, maze, word search, etc.)
- 1-person game (ex. playing cards, 1-person quiet board game, small puzzle, Lego)
- Small hands-on projects
- Books of the student's interest
- Emotion cards
- Nature images – sheet with breathing exercises
- Movement cards (this would be used in an alternate location only – not in the classroom)
- Academic work (something the student can easily accomplish on their own)
- Personal item from home (ex. photograph, note from home, plush toy)
- Student *Personal Choice Board* with visuals to help the student select which item they will use from their Personal Bin



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### How to make:

- The bin is prepared with the student and is not shared with others.
- Students are invited to select a pre-determined amount of their preferred quiet activities and favorite items to keep in their bin.
- They may bring special objects and photos from home or a personal note from a loved one.

### Materials needed:

- A basket, bin or bucket
- File folder labels (for name labeling)
- A selection of items borrowed from the NSC (can include personal items from home)



### Setting up the intervention:

Please see the Video Capsule “Personal Bins” to provide you with information, instructions, and guidance.

Remember to store the personal Bin in a location that is easily accessible to the student, meanwhile not accessible to all students.



### Documents:

- <https://www.cebmmember.ca/personal-bin>
- [Quiet activities](#)
- [Personal choice board](#)
- [Connect the dot](#)
- [Color by number](#)
- [Path tracing](#)
- [Coloring math equations](#)
- [Mazes](#)
- [Find the differences](#)